Wellness work out day.

Health & Fitness lifestyle for T&I community members and TBZ staff members willing to work out at the TBZ venue every Thursday 16hrs - 17hrs.

OVERVIEW:

Activities that TBZ does include the following:

- Wellness activities.
- Outreach to transgender and intersex persons including their parents through TBZ paralegals and community outreach workers.
- Stakeholder engagement.
- Referrals to friendly health care providers for T&I persons.
- Focus group/support group meetings.
TBZ with the help of university of Michigan together created health and safety tips brochure for transgender and intersex persons.

The above picture showing Community members filling in TBZ M&E documents and collecting condoms and lubricants to encourage safe sex among Transgender & Intersex Persons.

The left shows the TBZ community outreach workers conducting a focus group meeting and creating zones in the different locations where we have community leads live and sharing with them information such as how to report cases to TBZ paralegals, and distributing condoms and lubricants to T & I community members.
TBZ visited Luapula province in Zambia, to have conversations with traditional leaders about transgender and intersex persons. The purpose of the visit was to gather information on the history of T&I persons in different chiefdoms. TBZ also asked the chiefs if they have knowledge on transgender and intersex persons within their villages and how they treat them.

Adventist development release agency (ADRA) donates two board games and T-shirts to Transbantu Association Zambia and discussed possible partnership.

Purpose of the workshop

key component of the programme is strengthening existing service delivery structures through capacity building initiatives such as training aimed at service providers at health facilities and community champions. The training workshop held at the Mika Convention Centre in Lusaka between the 11th and 15th June 2020 was targeted towards Community Champions drawn from different Key Population organizations found in Kapiri, Kabwe, Mongu and Lusaka. It was facilitated by SAFAIDS in collaboration with Transbantu Association of Zambia (TBZ) who have extensive experience in promoting access to healthcare and legal reform in Zambia for Key Populations with a specific focus in trans-diverse and intersex persons.
Get connected to TBZ today and make a difference...

TBZ SOCIAL MEDIA PLATFORMS

- FACEBOOK: TRANSBANTU ZAMBIA
- TWITTER: TRANSBANTU ASSOCIATION ZAMBIA
- INSTAGRAM: TRANSBANTU ASSOCIATION ZAMBIA
- TBZ WEBSITE: HTTPS://WWW.TRANSBANTU.NET/